

# Beyond Addiction Recovery: Growing into Being a Disciple of Christ

Recovery ministries have a vital place in the church for serving the least, the last, and the lost in a way other organizations simply cannot. As people find healing, hope, and freedom they often don't want to leave recovery. In this session we will discuss how to help people move forward as growing disciples of Jesus and become active members in the Body of Christ.

## “Recovery” is defined as...

1. \_\_\_\_\_
2. \_\_\_\_\_

## Recovery is NOT just...

- Sobriety
- Freedom from addiction
- Attending meetings or doing the 12 steps for the rest of your life
- About drugs and alcohol
- Not sinning

The problem with any of these focuses is that they all are **SHORT SIGHTED**.

## **Greatest Strengths of Recovery & what keeps people STAYING in Recovery....**

1. \_\_\_\_\_ - risks made, accepted found
2. \_\_\_\_\_ - knowing you're not alone
3. \_\_\_\_\_ - poor in spirit, raw honesty
4. \_\_\_\_\_ - Hope Formula\*
5. \_\_\_\_\_ - for many the church wouldn't/couldn't reach

## Recovery's Simple Wisdom...

1. Nothing goes away until it's \_\_\_\_\_, - Philippians 3:13
2. God uses \_\_\_\_\_, - Hebrews 12:7-11, Galatians 6:7-8
3. Definition of \_\_\_\_\_ : doing the \_\_\_\_\_ over and over again...
4. You cannot do Recovery \_\_\_\_\_!
5. People do drugs for a reason... \_\_\_\_\_! (Anesthetics)

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## **Greatest Weaknesses of Recovery & what keeps people STUCK in Recovery**

1. Blind leading the blind
2. How we identify ourselves in Recovery (not legalistic, but careful)
3. Too focused on behaviors - missing heart (expulsive power of the greater affection)
4. Becoming an accidental Pharisee - "We're real, they're fake."
5. Allowing a victim mentality - "They don't support us", "They don't like us"
6. Recovery first, Christianity second

**Question:** What's the problem with people staying in Recovery too long?

This is where the importance of having a wholistic, big picture, & healthy **VISION** for our people comes in and it being communicated clear from start to finish.

## **The 3 Greatest Strengths of the Church:** (relating to Recovery)

- Biblical \_\_\_\_\_ - goal, direction, purpose
- Biblical \_\_\_\_\_ - all members, all peoples
- Biblical \_\_\_\_\_ - Christian, forgiven, new creation

## **The End Goal of Recovery is...**

- to help people **BECOME\* WHO GOD MADE THEM** to be.
  - \*Who God has \_\_\_\_\_ them to be
  - \*Doing what God has \_\_\_\_\_ them to do
  - \* \_\_\_\_\_ from the things that have kept them from being who they really are
  - \* \_\_\_\_\_ their design, calling, and freedom

**\*\*\*ONLY POSSIBLE THROUGH THE CHURCH\*\*\***

## **The 3 Greatest Weaknesses of the Church:** (relating to Recovery)

- Not **HONEST**. \_\_\_\_\_
- Accidental **PHARISEES**. \_\_\_\_\_
- Not **SAFE**. \_\_\_\_\_

## **What does it look like to LIVE OUT Recovery?**

No current secrets; resolving problems; identifying fears and feelings; keeping commitments; reaching out to others; increasing in relationships with God and others; staying accountable, remembering their past and the law of sin still exists within.