

AGAINST THE FLOW: NURTURING THE INNER LIFE IN A FAST-PACED WORLD

Introductory Comments –

I. A Biblical Case for Solitude

II. Suggestions for the Practice of Solitude (w/ a view to feeding on God's Word)

A. A Reminder Regarding the Role of Scripture

B. A Word About Our Responsibility

C. A Suggested Format

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D. Some Specific Recommendations

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