

Adult Discipleship Models

Introduction

Discipleship “Defined”

Discipleship is a Christ-centered friendship where the goal is to help one another reach spiritual maturity, through character transformation and adopting a ministry lifestyle, in the power of the Holy Spirit.

NOTE:

General Considerations for determining what model(s) to use

1. Discipleship and your church’s mission
2. Discipleship and your other key structures
3. What is the perceived difference in expertise and maturity between the people?
4. Considering the free time people have, should you prioritize fostering Christ-centered friendships between peers or one-on-one mentoring.
5. What resources does the larger church offer?

6. More than one model can be used in the same home group.

NOTE:

3 Models
“Traditional” One-on-One

Description

Format

Content:

Character Transformation:

Ministry Development:

Prayer:

Pros & Cons (for adult ministry)

Pros

Cons

Couples Discipleship¹

Intro to Couples Discipleship

The Model

Content: 4 areas of need (at least) are addressed

1. Cultivating godly unity in the marriage and family.
2. Developing couples who become outwardly focused and serve together in the church and reaching the out to their lost friends
3. Develop biblical literacy
4. Intercessory prayer

Pros & Cons

Pros

Cons

¹ Jim Leffel (Teaching Elder, Xenos Christian Fellowship) was the primary developer of this model.

Worker Teams²

Description

Format

- *“What has God been showing me through his Word?”*
- *“What has God been showing me about my heart?”*
- *“How has God been leading me to show and share his love with others?”*
- *“Who am I praying for regularly who does not know Him?”*

Commitment

Because we want to help one another grow to maturity in Christ, we are voluntarily making these commitments:

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Multiplication

² Gary DeLashmutt (Lead Pastor, Xenos Christian Fellowship) has done the primary development of this model and extends appreciation for the contributions by Greg Ogden, particularly his book “Transforming Discipleship”.

Pros & Cons

Pros

Cons

Conclusion – Q/A