

XSI GROW YOUR MARRIAGE LEADERS TRAINING
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INTRODUCTION

Objective

Target Audience

Leaders/ Facilitators

Overview

Size of Group:

Group Format:

Lesson Format:

Topics:

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“10 Most Wanted”

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Target Launch Date:

Invitations

Follow Up

WEEK 1: WHAT DO YOU WANT FROM MARRIAGE?

Icebreaker

Group Guidelines

Discussion

Media: Word on the Street – What is Love?

Teaching Moment: Love & Barriers to Love

Teaching Moment: Selfishness

Homework

WEEK 2: COMMUNICATION

Review

Discussion

Teaching Moment: Selfish v. Unselfish Communication

Exercise: Non-Verbal Communication

Preferred Styles of Communication

Teaching Moment: Active Listening

Exercise: Active Listening

Ancient (Biblical) Wisdom on Communication

Homework

WEEK 3: DEALING WITH CONFLICT

Review

Discussion

Teaching Moment: Conflict & Anger

Teaching Moment: 4 Distress Responses

Lion

Possum

Rabbit

Deer in the Headlights

Homework

WEEK 4: FORGIVENESS – MOVING AWAY FROM SELFISHNESS

Review

Discussion

Teaching Moment: Our Need for Forgiveness

Optional Forgiveness Teaching Boosters

Tim Keller Article

Les Miserables

Matthew 18 Parable

Testimony & Other Verses

Conclusion

Evaluation

Parting Gift

The *Grow Your Marriage* leaders guide (complete with worksheet download) is available by contacting Rachel Smith of Search Ministries, Inc. // Columbus.

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